

## Seghill First School First School Menu from September 2026

| Week One             | Monday                                                                     | Tuesday                                                                                | Wednesday                                                           | Thursday                                                               | Friday                                                                                         |
|----------------------|----------------------------------------------------------------------------|----------------------------------------------------------------------------------------|---------------------------------------------------------------------|------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|
| <b>Chef's choice</b> | Beef meatballs in homemade tomato sauce served with pasta and garlic bread | Homemade cheese and tomato pizza served with chips and beans<br>*mixed salad available | Oven baked sausages served with homemade roast potatoes and carrots | Chicken nugget wrap served with mini hash browns and mixed vegetables  | Oven baked fish served with chips and beans                                                    |
| <b>Sweet choice</b>  | Cookie<br>or<br>fresh fruit/yoghurt<br>or<br>cheese and crackers           | Raspberry muffin<br>or<br>fresh fruit/yoghurt<br>or<br>cheese and crackers             | Ice cream<br>or<br>fresh fruit/yoghurt<br>or<br>cheese and crackers | Ice doughnut<br>or<br>fresh fruit/yoghurt<br>or<br>cheese and crackers | Chocolate sponge served with custard<br>or<br>fresh fruit/yoghurt<br>or<br>cheese and crackers |

| Week Two             | Monday                                                                                    | Tuesday                                                                                            | Wednesday                                                                                    | Thursday                                                                           | Friday                                                                          |
|----------------------|-------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|---------------------------------------------------------------------------------|
| <b>Chef's choice</b> | Beefburger<br><b>Or</b><br>Chicken burger in a bun served with chips and mixed vegetables | Homemade cheese and tomato pizza served with mini hash browns and beans<br>*mixed salads available | Pasta Bolognese<br><b>Or</b><br>Mac and cheese served with garlic bread and mixed vegetables | Roast pork served with Yorkshire pudding, oven baked roast potatoes and vegetables | Chicken goujons served with chips and baked beans                               |
| <b>Sweet choice</b>  | Chocolate cookie<br>or<br>fresh fruit/yoghurt<br>or<br>cheese and crackers                | Strawberry delight desert<br>or<br>fresh fruit/yoghurt<br>or<br>cheese and crackers                | Swiss roll<br>or<br>fresh fruit/yoghurt<br>or<br>cheese and crackers                         | Ice cream<br>or<br>fresh fruit/yoghurt<br>or<br>cheese and crackers                | Iced cake and custard<br>or<br>fresh fruit/yoghurt<br>or<br>cheese and crackers |

Jacket potatoes and a range of fillings will also be cooked to order each day. Children should ask their class teacher for a jacket potato during registration. Fillings are cheese, beans or tuna mayonnaise.

